

The Present Moment A Daybook Of Clarity And Intuition

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The Present Moment A Daybook

Penney Peirce is a pioneer in the field of psyche development. The Present Moment is an excellent daybook for busy people looking to balance a full life and for those wanting to stretch out to new worlds. Penney takes us by the hand and shows us exactly how to slow down and tune in to the wisdom and guidance of our own life's purpose.

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The Present Moment is a perpetual daybook that puts the principles of mindfulness and intuition development into a daily practice format, emphasizing the "power of now" to bring clarity of mind and heart. The book is a great companion to a journal practice or it can be used to provide daily inspiration, either day by day, or in oracle fashion by simply opening the book anywhere.

Present Moment | Penney Peirce

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The Present Moment Café is an opportunity to be good to our body, mind, soul and planet. We put our philosophy of existence into action by providing only the highest quality gourmet raw and vegan food in an environmentally aligned, calming, down-to-earth-at-home atmosphere.

PRESENT MOMENT CAFE - Home

Each morning start with: The Present Moment, Manifest Your Desires, Everyday Positive Thinking, Power Thoughts and 101 Ways to Jump Start Your Intuition to set your day in motion for a great day! Read more. Helpful. Comment Report abuse. Doug McElroy. 5.0 out of 5 stars A great way to start the day.

The Present Moment: 365 Daily Affirmations: Hay, Louise ...

The Present Moment is a perpetual daybook that puts the principles of mindfulness and intuition development into a "daily practice" format, emphasizing the "power of now" to bring clarity of mind and heart. The book is a great companion to a journal practice or it can be used to provide daily inspiration, either day by day, or in oracle fashion by simply opening the book anywhere.

THE PRESENT MOMENT - Penney Peirce

The 90-Day Mindfulness Journal: 10 Minutes a Day to Live in the Present Moment . Check Price on Amazon. If you're like most people, your life is FILLED with stress — long hours working, a frantic commute, and an avalanche of family responsibilities. You have little time to enjoy and savor life.

Steve "SJ" Scott Habits | Self Improvement Books List

The present moment : a daybook of clarity and intuition. [Penney Peirce] -- "The Present Moment will help you find clarity and insight into your soul."--Back cover. Your Web browser is not enabled for JavaScript. Some features of WorldCat will not be available.

The present moment : a daybook of clarity and intuition ...

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Present Moment - Penney Peirce

She is the author of The Intuitive Way, Frequency, Leap of Perception, Dream Dictionary for Dummies, Dreams for Dummies, and The Present Moment: A Daybook of Clarity and Intuition. Penney has worked throughout the US, Japan, South Africa, and Europe since 1977 as a coach to business executives, coaches, psychologists, scientists, other trainers ...

[Best Of] Penney & Jenny 1: Intuition and Frequency (April ...

A Daybook of Positive Thinking This book is guaranteed to lift your spirits and make a noticeable improvement in your life. You'll be inspired to think about what really matters, live in the present moment, and always look for the sunshine.

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The Simple Woman's Daybook - July 14th | Adventist Homemaker

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In addition, Penney has written The Present Moment: A Daybook of Clarity and Intuition, Be the Dreamer, Not the Dream (originally Dreams for Dummies), and Dream Dictionary for Dummies.

Be the Dreamer Not the Dream by Penney Peirce | NOOK Book ...

The book is intended to be a guide for day-to-day living and stresses the importance of living in the present moment and transcending thoughts of the past or future. Published in the late 1990s, the book was recommended by Oprah Winfrey and has been translated into 33 languages. As of 2009, it was estimated that three-million copies had been ...

The Power of Now - Wikipedia

Mindfulness is the practice of being present with what is, not trying to be in a different moment. For some people, the edict to be in the present moment may be a subtle way to avoid uncomfortable ...

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